



Studio *R* - Sacred Space for Reflection and Professional Growth

For: Managers, supervisors; leaders, emerging leaders; executives, small and medium sized business owners, women business owners.

It does not much matter how long you have been at the game because the game has changed. That is not going to stop.

Gen X and Y values mix with traditional or boomer values; external forces press invisibly on organizations pressuring a change; rigid organizational structures fail to serve; authority without integrity repels talent; incongruent behaviour is transparent; what used to work doesn't.



To navigate with any kind of balance demands a commitment to growth; to looking in the mirror and learning from what you see; being prepared to change, expand, shift perspective, stretch, get comfortable at being slightly uncomfortable.

The rewards are huge.

Clarity on the social context for performance
and what creates it
Deeper understanding of the source for self and group leadership
Mutually beneficial relationships at home and work
Constantly accessing deeper levels of personal talent
Clear base for making accurate decisions
Peace in the midst of chaos
Reduced stress

Meaning
Balance
Health

The Invitation

There is a place between a group of managers coaching themselves and relying on an outside expert to coach at the individual level.

This is it.

For 12 weekly sessions join a group of your peers, management team, virtual team or a combination of people who can gain from the collective wisdom brought to the phone or in-person.

Each week we meet for an agreed upon ‘time out’ to reflect on a tricky situation you bring to the table which commands more personal mastery than you feel you have.

The focus can be a **competency, a business issue, or a dynamic process requiring insight and thought.** Program development is centered on your needs.

Share experiences, offer insight, ask the annoying questions that surface opportunities for more profound and lasting progress.

Each week we will focus on the personal skills central to increasing your self-leadership individually or as a group as it applies to the situation.

We will dig down to see the deeper dynamic underpinning the scenarios you bring to the table to reveal what is at the heart of the matter, where a small amount of effort creates a leap in results.

You decide how much you stretch and how much you gain from what you invest.

The last session is dedicated to seeing the social and cultural context that powers performance. This kind of clarity increases effectiveness of high performance leadership.

Please contact **Dawna Jones** at **1.866.605.0589** to discuss the leadership shifts you can achieve in 90 days.